

CH NEWSLETTER

2023



***As long as you believe in your own dreams,
you can achieve great success.***

CHAHAK, Preschool, Remedial & Vocational Centres

I. CHAHAK Vikaspuri

Premises courtesy Bhartiya Shiksha Smiti

CHAHAK Vikaspuri successfully completed its 4th year where in 106 students were provided early child care education and about 64 students coaching and remedial classes with special focus on spoken English. Even greater emphasis was given on health and nutrition.

Parent workshops and meetings were held regularly to improve the overall growth of the child.



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Mission: Cradle to Career

To truly impact the lives of children, we ensure they receive holistic care by providing education, career building, nutrition, medical care, mental health and any other support needed from time to time. Our mission is to lift children from poverty to prosperity

Vision: Enrich children's lives & help them gain self-esteem

These past 11 years CH was associated with more than 20 projects located across Delhi, Mumbai, Bangalore, Jodhpur, Kolkatta, Hyderabad, Pune, Bhopal, Jammu &

Children's Hope India is a Registered trust under Section 6 (1) of the **Foreign Contribution (Regulation) Act 1976 (FCRA)**

Donations to Children's Hope are eligible for deduction under section 80G of the Income Tax Act 1961

Bhuj.

Achievements during the year 2023

- Opened a new **Educational Centre: CHAHAK** at Bindapur, New Delhi
- Implementation of **30/30 Educational Initiative** by providing:
 - * Teacher training for early education
 - * Teacher training for classes 1-5
 - * Counselling sessions for teachers on analysing child behaviour
 - * Online coaching to students by educational specialists
 - * Career Development sessions for students
- **Computer coaching** classes started at CHAHAK Bindapur
- Tied up with Keyed Foundation & 321 Foundation to create a **holistic curriculum** and **teacher's training**
- **Mental Health** for migrant communities in Jodhpur
- **Workshop** for children with special needs at Kolkatta
- **Scholarships** given to 10 children
- **Winter clothes distribution**
- **Medical camps** organised at CHAHAK Bindapur & CHAHAK Vikaspuri

II. CHAHAK Bindapur

Premises courtesy Kriti Foundation

In its endeavour to provide holistic care & quality education, Children's Hope took a bold step forward and set up its second centre at Bindapur, New Delhi on 1 June 2023.

During the year, the centre boasts of enrolling 11 teachers and staff and provide early education to 96 children along with coaching and remedial assistance to 65 children.

The centre also boasts of a state of the art computer lab set up to impart computer training and online coaching classes.

The centre was formally inaugurated by Mr. Roshan Makhija & Mr. Chandan Gandhi from GEP Worldwide. On this special occasion apart its own trustees, CH was delighted to have Dr Dina Pahlajani, President of CHI-USA, Mrs Aparna Singh, Founder Trustee Kriti Foundation, Mr. Amod Kanth, Founder Prayas, Mr. Jatin Tehri & Lara Chandra, advisory member amongst many others dignitaries including parents.



LKG Class in progress



Yoga Session



Independence day celebration



Computer Class



30/30 Educational Initiative

Under the 30/30 Educational Initiative, CH began its journey with Children's Hope India to be part of the uniform and lean model that Children's Hope group had evolved after decade of refining.

In association with Keyed Foundation a planned, uniform and wholesome curriculum was implemented for early child education and necessary teachers training was imparted.



Teacher training held at CHAHAK Bindapur for all the Delhi centres

In addition to its own, CH monitored 10 more centers run by other organisations across India, thus benefiting 2,000+ economically vulnerable children and training 40 teachers from these organisations.

Special parent interactions were held to help parents understand the benefits of education and how early child care and education can help the child's growth.

Our Educational Model

Early Childhood Education

- * Emphasis on play
- * Hands-on learning
- * Professionalised curriculum
- * Teacher training programs

Remedial Learning

- * Online coaching in Mathematics, Science & English
- * Counselling for school drop-outs
- * Regular teacher training

Digital Learning

- * Smart Board enabled classroom
- * Learning devices

Health & Nutrition

- * Midday meal and / or nutritional snack
- * Regular medical check ups
- * Awareness camps

Mental Health & Well-Being

- * Weekly counselling from social worker
- * Daily well-being
- * Activities and meditations

Career Development

- * Career counselling
- * Access to internships
- * Higher education
- * Scholarships



Furthermore, in association with 321 Foundation, specialised courses were implemented for 1st to 5th coaching, remedial and non-formal classes. Related teachers training programs were also conducted.

During the year 20 teachers were given hands on training on usage and implementation of the curriculum. Various follow-up online sessions & seminars to revisit the trainings were also conducted.



Field Trips

Courtesy Amar Nath Sehgal Museum

Late Shri Amar Nath Sehgal's artworks & verses are a strong testimony of resistance, hope, connection, kindness, vitality, and humanity.

Four field trips were arranged to the Amar Nath Sehgal art museum from various CH Delhi centres where students got to learn about human rights and equality. Special workshops were conducted to trigger the imagination of these young minds for becoming part of an exciting experience so they could craft their own figures of pure creativity.



Health Check-up Camps

Assisted by Bhagat Hospital

Two medical camps were organised during the year at each of the CHAHAK centres for benefit of its students and the entire community at large.

More than 250 people were provided free of cost medical care and tests like blood sugar, blood pressure, eye check-ups, ECG, dental, height, weight & BMI, pulse and temperature screening.

A special Ayurveda camp courtesy Dhanvantari Ayurveda also was organised which provided free medicines after the appropriate check-ups.



Hole in the Wall

A unique computer e-learning platform in collaboration with NIIT, New Delhi

CH continues to provide self-paced e-learning computer platform to children living in slums. On an average about 70 children from the community work on these computers daily to access & explore the internet and take benefit of various programs.



Mental Health

Project implemented by UJAS, Jodhpur



The psychologist adopted a holistic approach, emphasizing the overall development of the children. This approach took into account various aspects such as cognitive, emotional, social, and physical development.



Summer Workshop

Project implemented by Arunima Active, Kolkata

Every year CH organises a summer camp for differently abled children. Here these children achieve various goals like inclusion, mainstreaming, socialization and behaviour modification.

This year we had invited Ms. Chandra Makhal, an acid attack survivor as who fought against all odds and emerged victorious. Her story inspired our parents to nurture their wards to become worthy members of the society, as much as they can. The parents too participate in this camp, giving them an opportunity to express themselves, to interact with others in a stress free environment.

Winter Distribution

Each year Children's Hope distributes woollens to provide relief to children and their families from the bone chilling cold experienced by North India. This year CH distributed 216 track suits to the children of 3-6 years, 140 sweaters to children of 8-15 years, 285 caps, 203 pair of socks & 135 pair of shoes to young children in Delhi & Jodhpur.



pre nursery students
CHAHAK Vikaspuri

Tuition students at CHAHAK Vikaspuri



Pre nursery students CHAHAK Bindapur



With best wishes from CH Trustees:

Ms. Indra Dhar

Ms. Asha Mirchandani

Ms. Lavina Sareen

Ms. Sabina Ramchandani

Mr. Vinod Devichand